

Nutrition - RSU1 2018-2019

The RSU 1 Nutrition Program serves healthy, nutritious meals to students, staff and visitors in six locations. All school menus meet USDA requirements for Calories, Protein, Calcium, Iron, and Vitamins A and D. Calories are based on the age group for the particular grade level of the school, while fat is limited to 30% of the calories served. The nutrient content is reflective of what the average student selects and not what any one student chooses. It is still very important to review meal selections with your student/children and work towards a balance on a weekly basis.

High School lunch is \$2.85
Elementary School lunch is \$2.65
Breakfast for all grade levels is \$1.45
Each of the above meals include milk

Milk is available to have with your child's bag lunch for 55¢

Students at all grade levels approved for Reduced price meals will be charged 40¢ for their lunch and they will receive breakfast at no charge.

Adult meals are \$4.75 for Lunch and \$2.00 for Breakfast

If a child has a disability, as determined by a doctor, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by a doctor. If a substitution is needed, there will be no extra charge for the meal. Please note, however, that the school is not required to make a substitution for a food allergy unless it meets the definition of disability. In either case, disability or allergy, a doctor's note must be provided to us. Please call the Food Service Director or your child's school cafeteria for further information.

Contact Information

Director of Food Service and Nutrition Tim Harkins - 443-6601, Ext 114

Bath Middle School - Lisa Campbell 443-8270, Ext 408
Dike-Newell School - Judy Kingsbury 443-8285, Ext 121
Fisher-Mitchell School - Melissa Cole 443-8265
Morse High School - Sherry Simmons 443-8296
Phippsburg Elementary School - Anna Varian 389-1514
Woolwich Central School - Joanne Wells 443-9739

Please be aware that we are a pre-pay system. You can make payments online at <https://www.myschoolbucks.com> OR by personal check made payable to RSU #1 School Lunch Program and submit the check to your child's school cafeteria. We strongly encourage you to pre-pay each Monday for your child's meals. This helps to speed up the service in the cafeteria and makes sure that there are no delays in your child's service.